



SKIN CARE

Your face is a looking glass: it reflects your inner beauty to the world, expressing the youthful spirit and radiant glow of your soul. If this glass becomes masked with the elements of everyday life, have no fear. It's nothing a deep, revitalizing cleanse can't cure. A relaxing facial will smooth your skin, giving the world a fresh, clear view of you.

SKIN CARE

THE SUBTLE BLUSH FACIAL - 80 Minutes \$125.00

At the precise balancing point of flawless skin and perfect tone, there is a sense of harmony. This is the sensation of OPTIMIZER on the skin. OPTIMIZER provides exactly that, utilizing a splendid range of scientifically proven anti-ageing "uplifting" and firming microbiological actives to sculpt the skin to perfection.

INSTANT GRATIFICATION FACIAL - 70 Minutes \$100.00

"Pleasure of the senses" is the brilliant osmosis of 5 superb therapies to expressly awaken complexion brightness and youthfulness, leaving it unbelievably fresh and dewy. Inspired by Yoga tradition, this fitness facial works to re-balance the 7 core points of the body in order of spiritual refinement for enhanced energy flow.

ORGANIC PUMPKIN PEEL FACIAL - 25 Minutes \$55.00

Intense enzyme peel treatment that exfoliates and smoothes skin for a renewed texture and appearance. Combines Pumpkin Peel with Papain and Bromelian enzymes and Glycolic acid. Pumpkin Pulp is a nutrient-rich pulp with enzymes containing high levels of Vitamin A to assist skin renewal and healing. Papain is an enzyme from Papaya – an active exfoliant. Bromelian is an enzyme from Pineapple, it exfoliates and breaks down the dead corneum cells.

DESTINATION RESTORATION FACIAL - 75 Minutes \$125.00

Restore your youthful skin with a microdermabrasion treatment combined with this deeply nourishing and replenishing mask. Remove fine lines and wrinkles and stimulate collagen. Your skin is left looking and feeling younger.

A BUMP IN THE ROAD FACIAL - 75 Minutes \$125.00

A purifying facial for troubled skin. The 100% Moor peat is rich in essential oils, fatty acids and lipids that deeply nourish and replenish, making skin look and feel soft, firm and radiant.

THIRSTY FACE FACIAL - 25 Minutes \$55.00

The wellness chalk used in this treatment has been found to be wonderful for helping to improve blood circulation, balance acidity, detoxify and cleanse the skin. It consists of 98% calcium and a range of mineral nutrients including magnesium, iron, aluminum, and phosphor compounds.

THE DEEP BLUE FACIAL - 70 Minutes \$130.00

This is one of the most complete and personalized deep pore cleansing that you will ever experience. The "soin du visage" is full of anti-inflammatory plant and flower extracts that will leave your skin feeling both re-enlivened and rosy without unsightly marks.

THE HEALING TOUCH FACIAL - 50 Minutes \$80.00

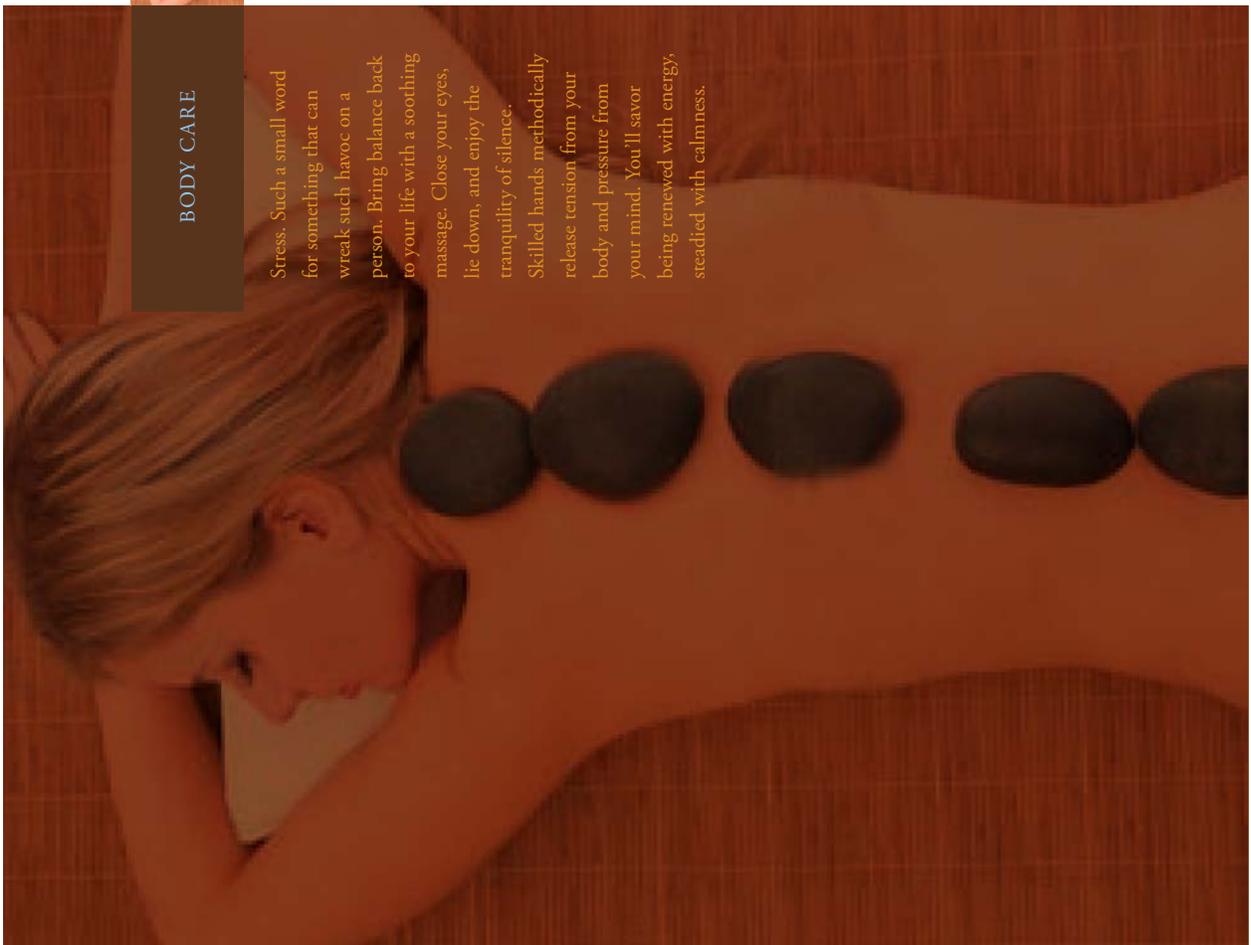
This magnificent fruit acid treatment uses organically sourced Aha-Bha from newly picked fruits. Alpha Vital instantly improves skin roughness by restoring a healthy cell renewal cycle. Skin surface becomes noticeable smoother without a hint of sensitivity. Leaving nothing neglected, a freshly prepared deliciously scented "fruitplasty" peel off mask will allow your skin to exhale and reveal a luminous complexion wrapped in a comforting, yet weightless protective veil.

HOLY GUACAMOLE FACIAL - 60 Minutes \$95.00

A refining facial using a rich cream mask of Moor, Avocado oil and lavender infused with our nourishing skin balm to help repair damaged or problem skin.

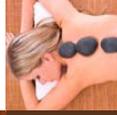


My whole life, I've wanted to feel comfortable in my skin.
It's the most liberating thing in the world. - Drew Barrymore



BODY CARE

Stress. Such a small word for something that can wreak such havoc on a person. Bring balance back to your life with a soothing massage. Close your eyes, lie down, and enjoy the tranquility of silence. Skilled hands methodically release tension from your body and pressure from your mind. You'll savor being renewed with energy, steadied with calmness.



BODY CARE

DETENSION TIME - 60/80 Minutes \$90.00/\$130.00 SWEDISH MASSAGE

This massage improves circulation and calms aching muscles while tension is released from light to medium pressure for the deepest relaxation.

MUSCLE DETOX MASSAGE - 60/80 Minutes \$85.00/\$110.00

Enjoy and relax to our sports massage that is combined with the use of a deep, moist heat treatment using strategically placed hot-packs and towels on your body. This massage ensures relaxation to your muscles as it melts those deep-seated painful knots.

RIVER ROCK MASSAGE - 60/80 Minutes \$75.00/\$95.00

Just imagine smooth Basalt River stones strategically placed on your body that are heated to earthly perfection and used in this customized massage. The deep heat of the stones, combined with an expert massage, will restore your sense of well-being and tranquility.

FOUR HANDS MASSAGE - 60/80 Minutes \$160.00/\$200.00

Let the work of two therapists soothe your muscles in an extreme experience that we consider the ultimate massage. A unique rhythmic massage is performed by two therapists followed by a hot towel treatment. This massage creates such a deep relaxation in mind and body that you will never want to leave the table.

MERCY ME - DEEP TISSUE MASSAGE - 75 Minutes \$135.00

Trigger points are released by the use of deep finger pressure and circulation is increased by open palm compression strokes. This massage is designed to release tension throughout the body. This massage is not recommended for a first massage experience.

EAST MEETS WEST MASSAGE - 60/80 Minutes \$90.00/\$130.00

This aromatherapy full body massage brings the body and mind back into balance as it fuses massage practices from the East and West. The nervous system is stimulated by applied pressure and the body is soothed by Swedish and neuromuscular massage techniques.

TWO TO TANGO MASSAGE - 60/80 Minutes \$175.00/\$250.00

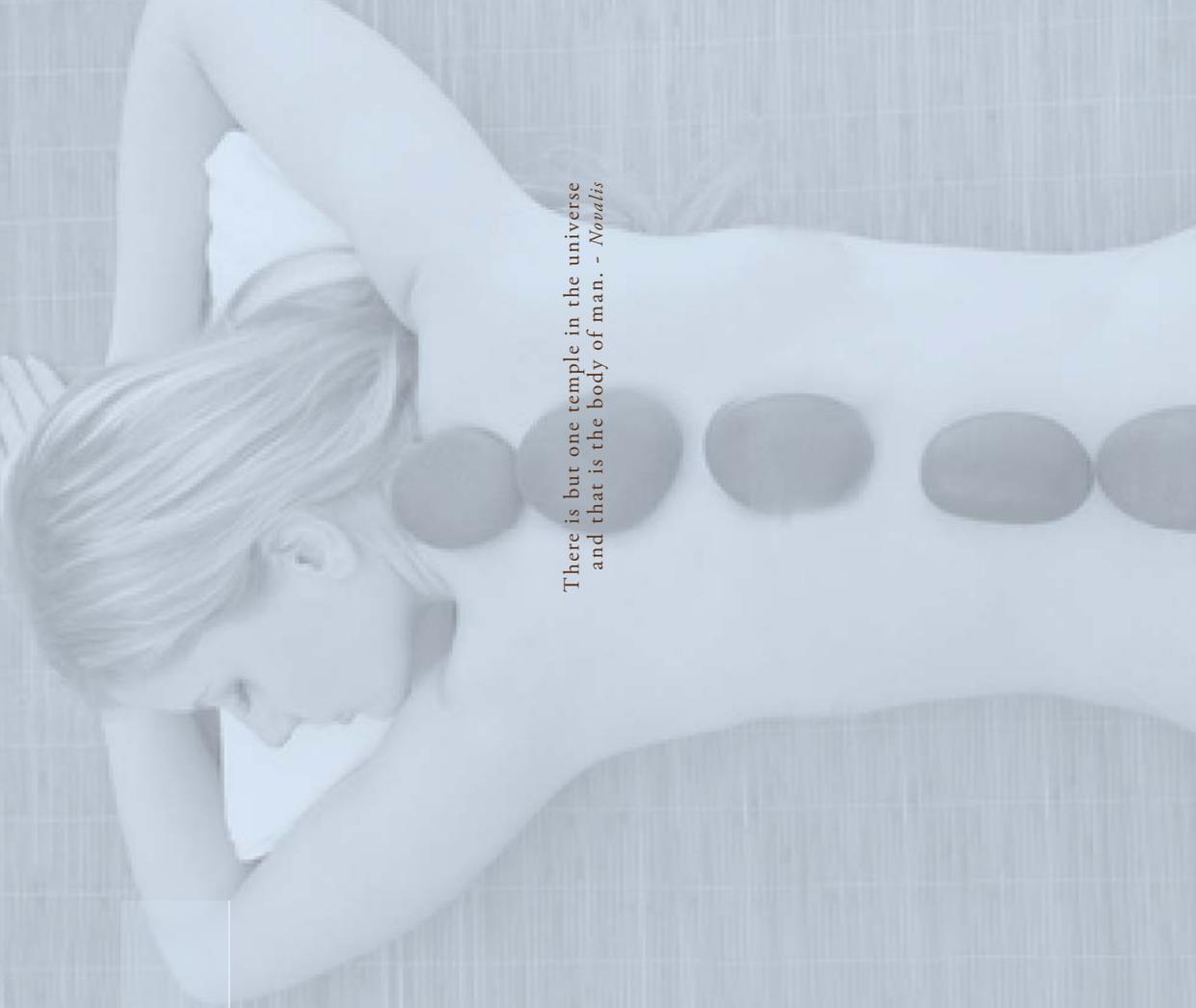
Get ready to feel light on your feet as you share the experience of Swedish massage together with someone in the same room. Let yourself be immersed in this massage as you enjoy the company of a friend or loved one. Upgrade your service to aromatherapy, deep tissue, hot stone... or why not try them all!

"JUST A QUICKIE" - 25 Minutes \$50.00

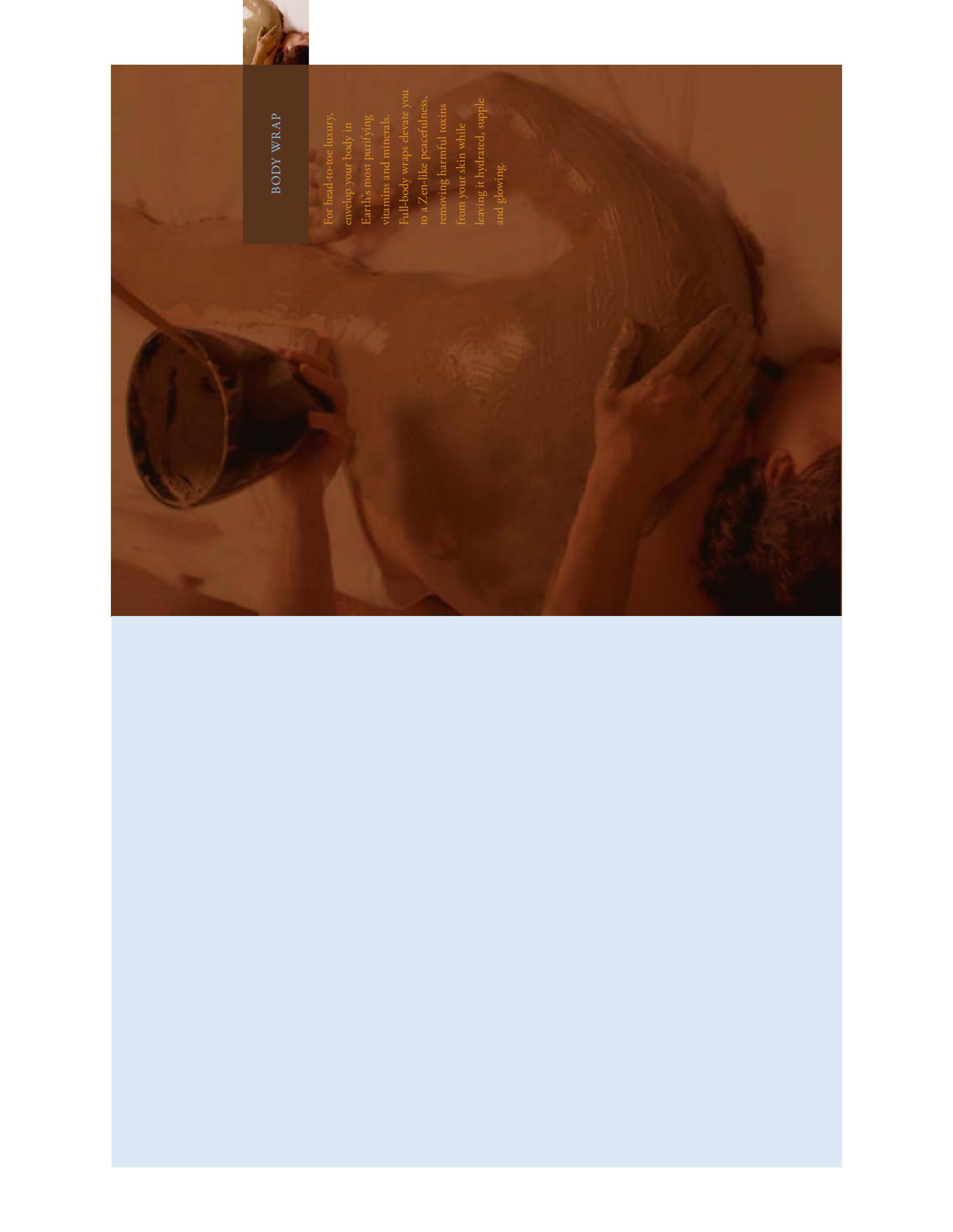
Not a lot of time on your hands but needing to release some of that unwanted tension caused by the daily stresses of life? How about a few minutes to get away from it all with this incredibly nourishing and relaxing massage?

REFLEXOLOGY - 25 Minutes \$50.00

This technology utilizes reflexive exercises on the hands or feet promoting a positive effect on a person's overall well being.



There is but one temple in the universe
and that is the body of man. - *Novallis*

A person is lying on a massage table, receiving a body wrap treatment. A therapist is applying a thick, brown, textured wrap to the person's back and shoulders. The person's face is partially visible on the right side of the frame. The background is a soft, warm-toned wall. The overall atmosphere is relaxing and luxurious.

BODY WRAP

For head-to-toe luxury, envelop your body in Earth's most purifying vitamins and minerals. Full-body wraps elevate you to a Zen-like peacefulness, removing harmful toxins from your skin while leaving it hydrated, supple and glowing.

BODY WRAP

BRUSH ME TO SLEEP - 75 Minutes \$100.00
The soothing sensation of vital chi skin brushing gently relaxes and balances the skin inviting the delicious massage balm of lemon grass and rosewood to remove all tension. After which the deeply hydrating effects of our Alga Moor mask will envelop you in an ancient Algae Moor, rich in nourishing minerals.

TAKE MY BREATH AWAY - 75 Minutes \$145.00
An intensive, purifying body envelopment using the 100% pure Moor mask which revitalizes and detoxifies the skin creating suppleness and elasticity and leaves your body feeling like it can breathe again. A draining massage follows with a contour cream of Black Pepper, Cinnamon, Mandarin, Ginger and Green Tea.

HEAVEN AWAITS - 2 Hours \$175.00
A treatment encompassing lymphatic stimulation by Vichy shower massage, hydrotherapy, body development and therapeutic massage. A perfect immersion for jetlag, fatigue, muscular aches, and for greatly enhanced feelings of well-being, and replenishment after illness.

THE NUTTY PROFESSOR - 60 Minutes \$95.00
Awaken your senses with a rhythmic exfoliation using ground walnut shells and essences of mandarin, ginger and cinnamon. A brisk massage follows using a luxurious mask of Moor, Vitamin E and Aloe Vera Oil, leaving you energized. You remain cocooned in bliss! Your skin will thank you!

THAT'S A WRAP - 75 Minutes \$110.00
Restore your youthful glow with a mineral rich salt glow after which the micronutrients of Klamath Blue Green Algae & Sea Kelp extract infused with vitamin E and Aloe Vera Oil envelop you in luxury. Your mind, body and spirit are enhanced for overall well being.

TOTAL WELLNESS WRAP - 75 Minutes \$125.00
The wellness chalk used in this treatment has been found to be wonderful for helping to improve blood circulation, balance acidity, detoxify and cleanse the skin. It consists of 98% calcium and a range of mineral nutrients including magnesium, iron, aluminum, and phosphor compounds.

SCRUBADUB DUB - 60/85 Minutes \$130.00/\$150.00
Enjoy a full-body scrub, with your choice of custom-scented scrubs that deeply penetrate the skin through the use of loofahs, followed by a 25 minute Swedish massage.

PLUS: For those who want to take it to the next level, enjoy a 60 minute massage with your scrub.

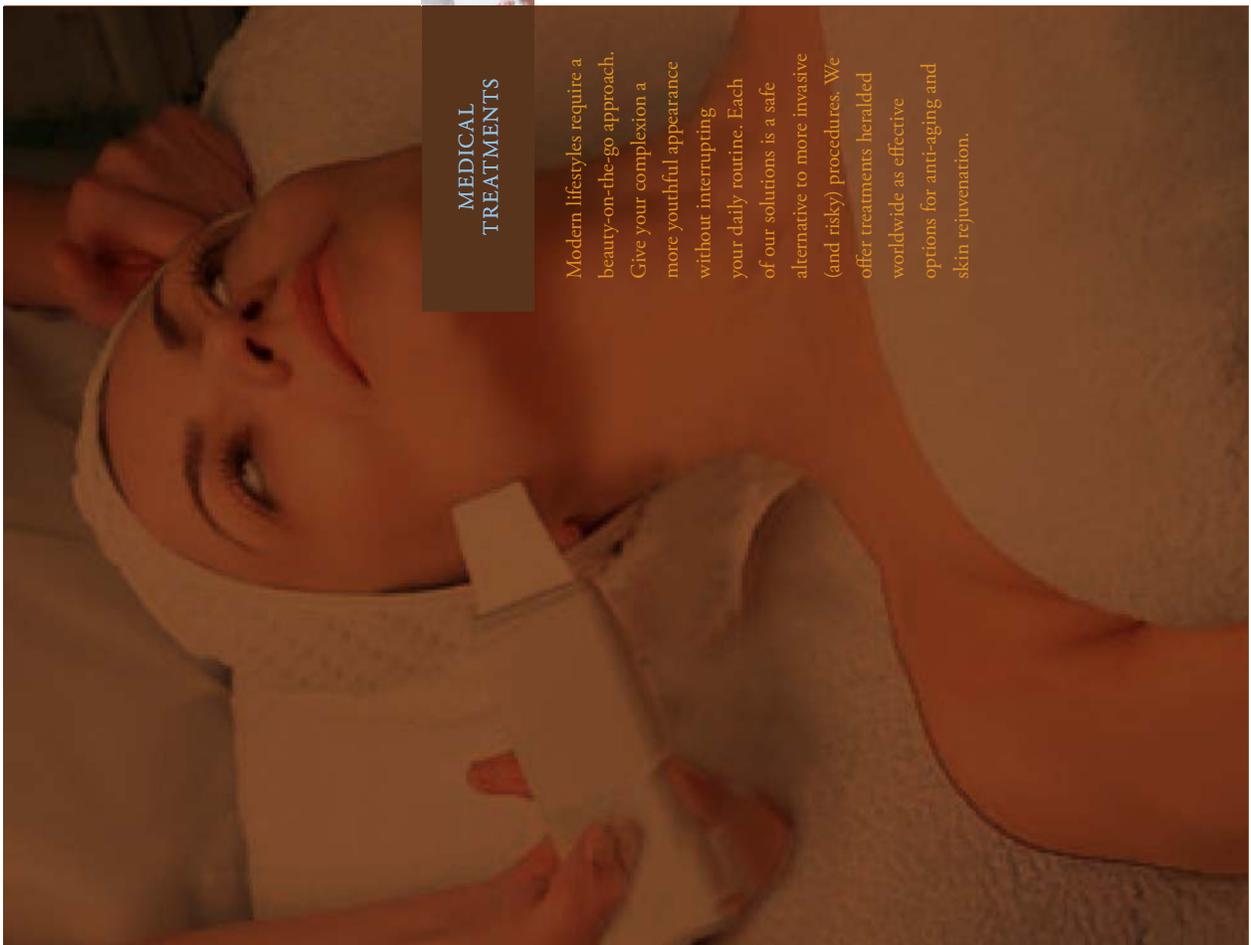
I finally realized that being grateful to my body was key
to giving more love to myself. - *Oprah Winfrey*





MEDICAL TREATMENTS

Modern lifestyles require a beauty-on-the-go approach. Give your complexion a more youthful appearance without interrupting your daily routine. Each of our solutions is a safe alternative to more invasive (and risky) procedures. We offer treatments heralded worldwide as effective options for anti-aging and skin rejuvenation.



MEDICAL TREATMENTS

BOTOX

Price varies
BOTOX® Cosmetic is a simple, nonsurgical, treatment that can temporarily relax muscles that cause us to look worried, angry, or just plain older. The procedure is officially FDA approved to treat the frown line (glabella) but we use Botox Cosmetic for numerous other locations. We can soften forehead lines, crow's feet, neck bands, lip lines, and help give eyebrows a lift. One 10 minute treatment... a few tiny injections... and within days there's a noticeable improvement. We offer topical anesthetic prior to the procedure which makes it painless.
www.botoxcosmetic.com

RESTYLANE/JUVEDERM

Price varies
Restylane® and JuveDerm® are safe and natural cosmetic dermal fillers that restore volume and fullness to the skin. The most commonly "filled" areas include the nasolabial folds, lips, frown line, hollows of the eyes, and Lip volumizing. Acne scars may also do well with this type of filler. They are both composed of hyaluronic acid, a natural clear jelly like substance that already exists in the human body. Results can be expected to last from 6-12 months. There is mild bruising and swelling at the injection sites but makeup may be applied 4 hours after treatment. www.restylaneusa.com & www.juvederm.com

DERMAPLANE

Price varies
A physical exfoliation for all skin types. A medical instrument is used to gently remove the dead surface cells from the epidermis. Fine facial hair is also removed leaving the skin soft and smooth. This treatment is recommended monthly.

MICRODERMABRASION/DERMASWEEP

\$100.00
The Dermasweep system cleanly sweeps away the epidermis and then vacuums away the dead skin. The addition of the infusion of topical solutions not only allows for the deepest delivery of targeted skin care solutions, but also is part of the reason Dermasweep MD Treatments are so well tolerated by patients.

MICROPEEL PLUS

\$150.00
This unique 4 step process starts with a dermaplane to remove dead skin cells. Second, a microdermabrasion is performed to help stimulate the skin by producing blood flow. Next, an AHA acid is applied according to your skin type. Lastly, Cryogenic Therapy is performed to help relieve inflammation and cool the skin.

JESSNERS PEEL

\$200.00
Designed to remove superficial layers of skin, it is one of the most effective cosmetic peels available. The Jessners Peel is excellent for all skin types. It smoothes and rejuvenates the skin, producing beautiful results in treating mild to severe acne, discoloration, moderate wrinkling and sun damage.

SALICYLIC PEEL

\$95.00
This is a fifteen minute in-office procedure that will help smooth fine lines and even skin discoloration while reducing the appearance of acne scars and environmental damage to the skin. This treatment is recommended for active acne.

LHA CHEMICAL PEEL

\$95.00
Correction of superficial skin imperfections such as dull skin, uneven complexion, roughness, skin texture and surface irregularities, the appearance of fine lines, wrinkles and pigment spots.



An ounce of prevention is worth
a pound of cure - *English Proverb*

MEDICAL TREATMENTS

BLUE PEEL/TCA CHEMICAL PEEL

\$500.00

A medium depth chemical peel that consists of 30% trichloroacetic acid and a blue base. This treatment greatly improves skin's appearance becoming firmer, clearer, smoother and much healthier.

PHOTO FACIAL

Price varies

The Limelight Facial is a new, non-invasive approach to skin rejuvenation using Cutera's Limelight. The procedure offers the advantage of improving skin tone and surface imperfections associated with aging and photodamage.

PROWAVE LASER HAIR REMOVAL

Price varies

The ProWave hair removal system delivers a specialty tailored light source for permanent hair reduction. Cutera's newest hair removal innovation provides treatment for a wide range of skin types. An additional patient benefit is the ability of the handpiece to treat large areas such as women's legs and men's backs... quickly and safely.

PEARL LASER

Price varies

The Pearl procedure combines the impact of resurfacing lasers with the gentleness and safety of non-invasive procedures to treat aging and sun damaged skin. Pearl reduces wrinkles, uneven texture and solar damage with fewer treatments and less overall recovery than other technologies to provide a healthy, pearl-like glow.

LASER GENESIS

Price varies

The Laser Genesis procedure utilizes non-invasive laser technology to safely, discretely and effectively treat fine line wrinkles, large pores, uneven skin texture, diffused redness and scars. You can expect to see subtle yet consistent results after each treatment, without unwanted side effects such as bruising or excessive skin irritation.

COOL GLIDE VEIN THERAPY (Face & Body)

Price varies

Now men and women alike are making unsightly facial and leg veins a thing of the past, thanks to Cutera CoolGlide. No more painful injections! With the most advanced technology, a unique design, and a longer wavelength, the Cutera CoolGlide can safely and effectively treat both tiny superficial face veins and deeper blue leg veins on men and women of all skin tones.

SKIN TIGHT IN A NEW LIGHT (Titan)

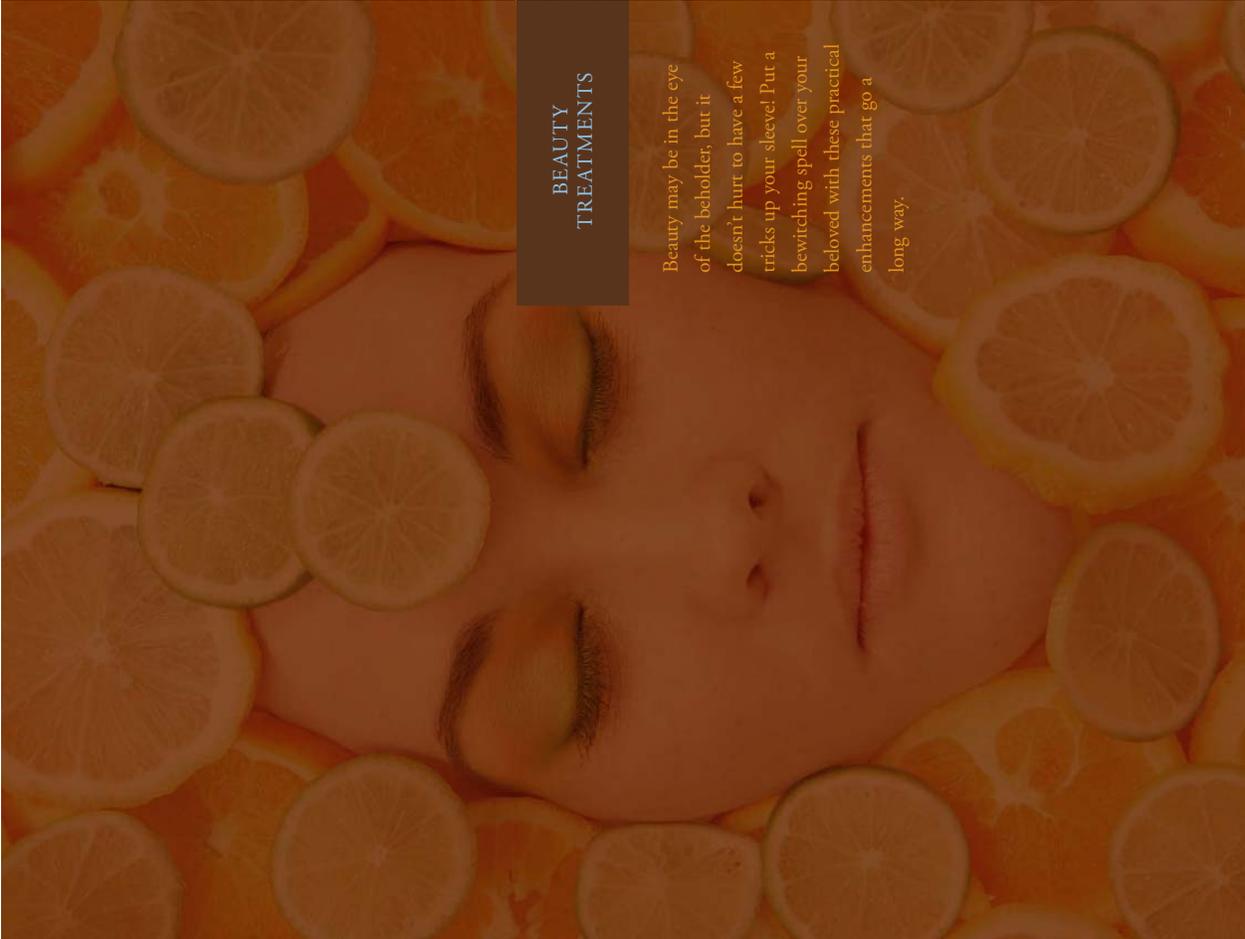
Price varies

Titan™ - the first tailored infrared light source for sustained deep dermal heating for use on the face, neck, abdomen and more. Titan treatments are safe and comfortable, made so by continuous epidermal cooling. There are no single-use disposables, providing physicians a low cost of ownership.

PEARL FRACTIONAL

Price varies

Pearl Fractional is a new, volumizing, fractional laser perfected for treating wrinkles in just one treatment. Pearl Fractional offers the best combination of patient experience and recovery time. Patients see improvements in their wrinkles, tone and texture and have a noticeably smoother, brighter complexion.



BEAUTY TREATMENTS

Beauty may be in the eye of the beholder, but it doesn't hurt to have a few tricks up your sleeve! Put a bewitching spell over your beloved with these practical enhancements that go a long way.

BEAUTY TREATMENTS

LASH TINTING - 30 Minutes

\$35.00

An excellent choice for those who don't want to hassle with the application of mascara! Enhance your eyes and darken your lashes safely with an all-natural vegetable-based dye. A perfect enhancement to any skincare treatment.

LOOK LIKE NEW - 50 Minutes

\$50.00

This informative and hands-on personal lesson allows you to leave your appointment with valuable tips and techniques to create your own look based on your skin type and facial features. Great for makeup novices or anyone who wants to learn the latest makeup trends.

PAINT MY FACE - 30 Minutes

\$50.00

Exclusive to The Havens, our modern approach to makeup is used to create a look that will emphasize your beauty without bringing attention to the makeup. A perfect treat for a special night!

WAX ON - WAX OFF

Price varies

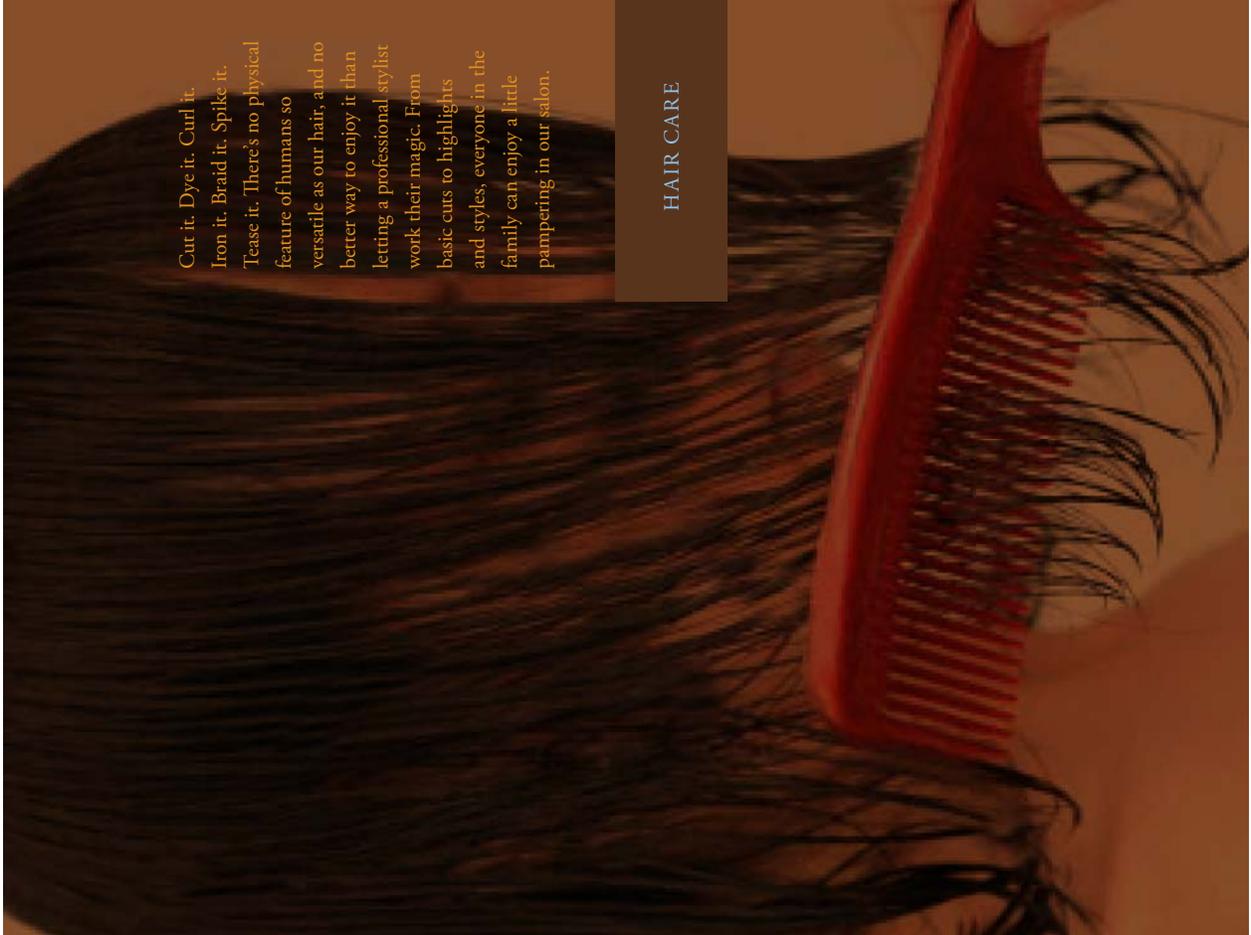
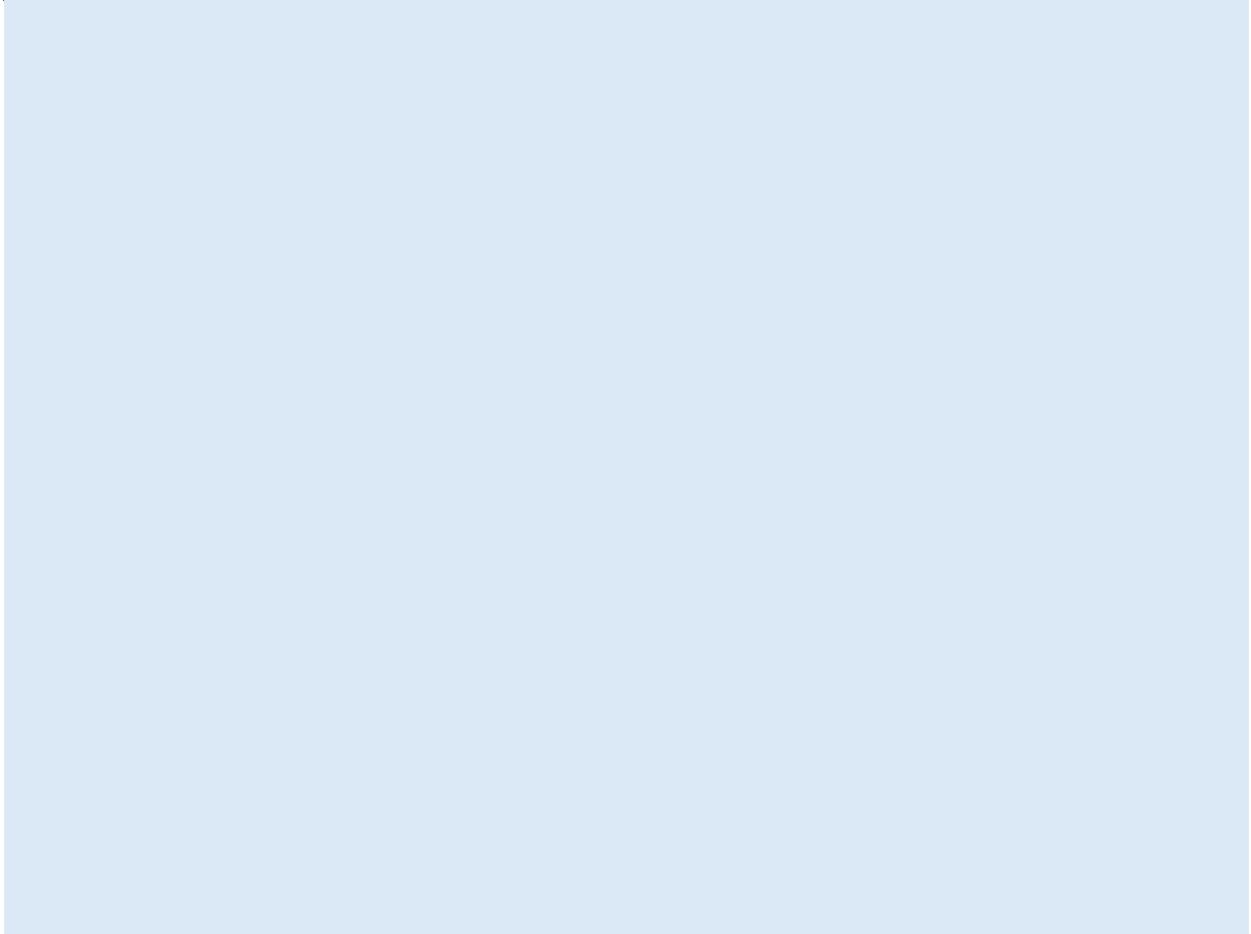
Need a little somethin' somethin' waxed? We have the highest level of waxing services around. Just let us know where to wax and how much to take and we will get you on your way back to your busy lifestyle. Prices vary per area. Please call for pricing. May not be suitable for those with sensitive skin and as a rule, you should refrain from using waxing as a hair-removal method if you are using Retin-A (currently or in the last 6 months), Accutane (currently or in the past 6 months), or other keratolytic medications (that increase skin exfoliation), or are sunburned or recovering from a recent laser peel. Otherwise, go for it. Price varies per size of the area so please call for a price or just stop by.



A thing of beauty is a joy forever. - *John Keats*

Cut it. Dye it. Curl it.
Iron it. Braid it. Spike it.
Tease it. There's no physical
feature of humans so
versatile as our hair, and no
better way to enjoy it than
letting a professional stylist
work their magic. From
basic cuts to highlights
and styles, everyone in the
family can enjoy a little
pampering in our salon.

HAIR CARE



HAIR CARE

WOMEN

| | |
|-----------------------------|-------------|
| Shampoo Cut and Style | \$55 |
| Wet Cut | \$30 |
| One Process Permanent Color | \$60 |
| Demi/Color | \$45 |
| Partial Highlight/Low Light | \$75 |
| Full Highlight | \$95 |
| Shampoo and Style | \$35 |
| Up Style | \$65 |
| Specialty Up Style | \$75 and up |
| Perm | \$65 and up |
| Brazilian Blow Out | \$250 |

MEN

| | |
|-----------------------|------|
| Shampoo Cut and Style | \$30 |
| Dry Cut | \$25 |
| Buzz Cut | \$20 |
| Partial Highlight | \$50 |
| Color | \$35 |

CHILDREN

| | |
|----------------------------|------|
| Shampoo Cut and Style | \$30 |
| Wet Cut | \$25 |
| Boys Shampoo Cut and Style | \$20 |

A hair in the head is worth two in the brush. - *Oliver Herford*



A man is shown in profile, relaxing in a bath. The lighting is warm and soft, creating a serene atmosphere. The background is slightly blurred, focusing attention on the man's face and the texture of the water.

The power of water cannot
be underestimated. It
surrenders then engulfs;
it solidifies then melts; its
flow gravitates then its mass
levitates. Let water be the
catalyst for your sensuous
escape amidst aromatic bath
salts and candlelight.

A small, vertical inset image showing a woman in a bath, looking down. The lighting is warm and soft, matching the main image.

SPECIALTY BATHS

SPECIALTY BATHS

A QUICK SOAK - 15 Minutes

\$30.00

Cleanse yourself as you relax in our state of the art hydro-tub. You may select from several different aromatic bathing salts. Then sit back and begin to relax as you collect your thoughts by candlelight.

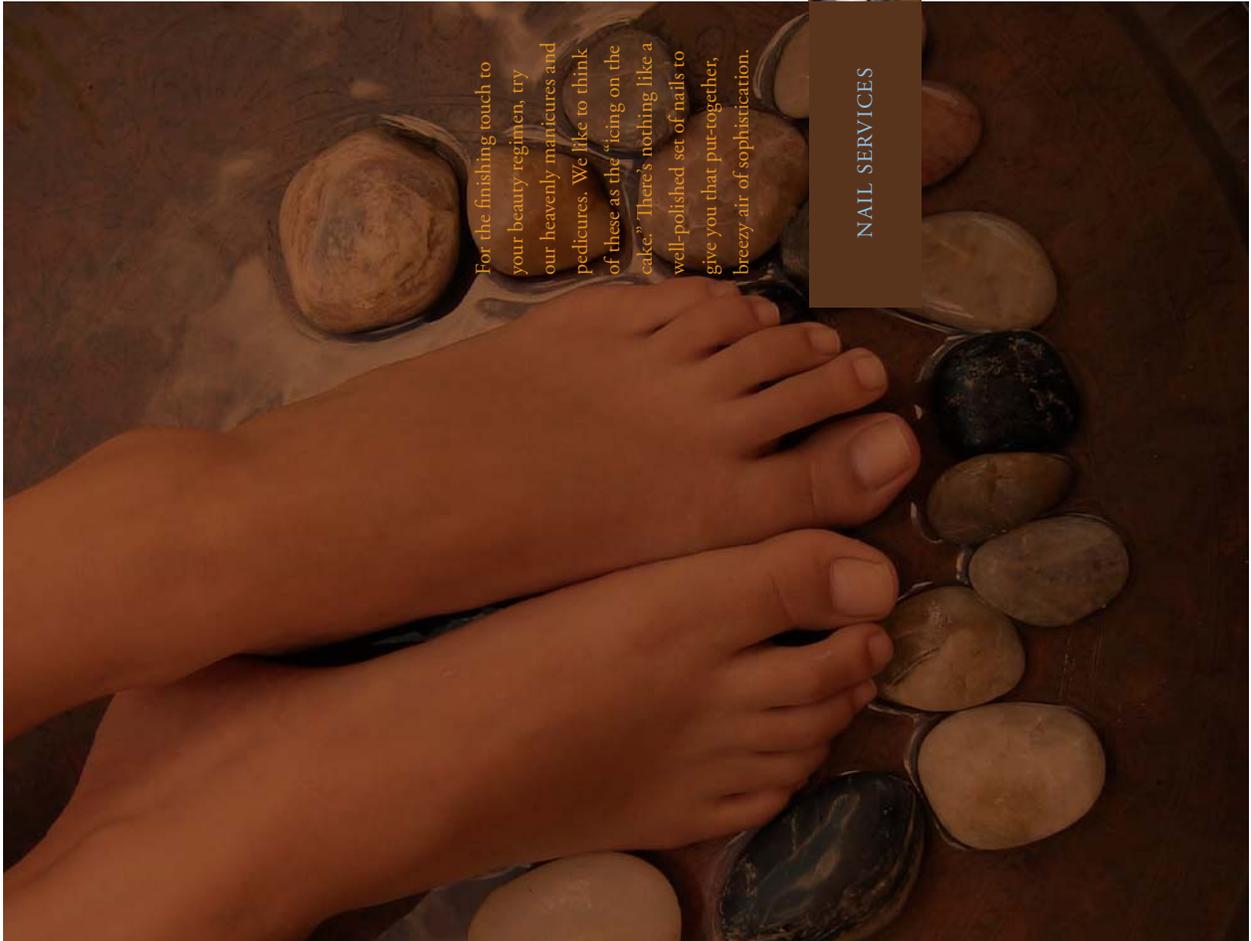
WANNA JOIN ME - 25 Minutes

\$40.00

Enjoy the company of a loved one as you are left to soak together in our delicious aromas of bath salts. The burning candles and dim lighting will enhance this wonderful and romantic experience.

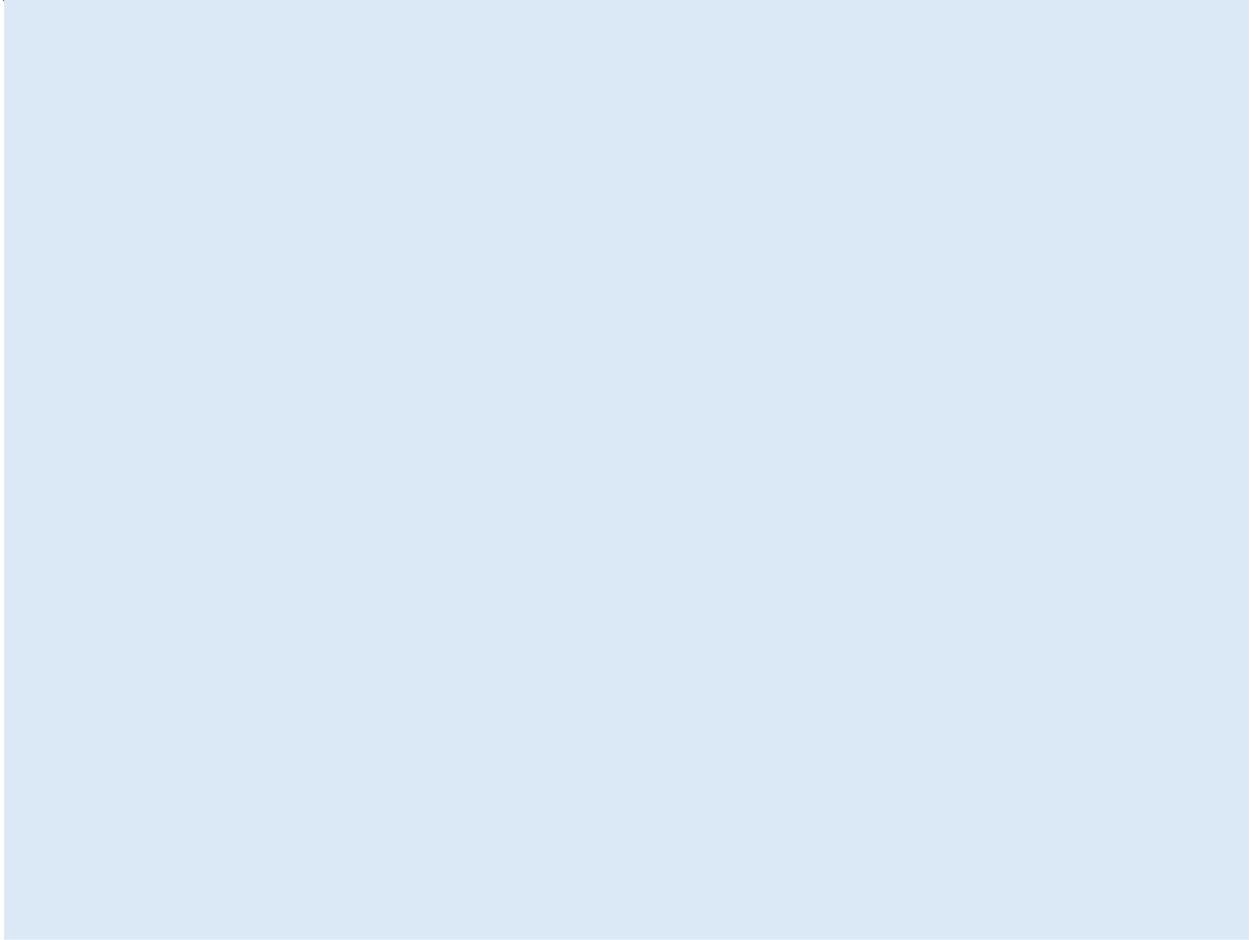
A woman is shown in profile, relaxing in a hot tub. She has her eyes closed and a peaceful expression. The background is softly blurred, showing what appears to be a spa or resort setting with some greenery.

A hot bath! I cry, as I sit down in it! Again as I lie flat, a hot bath! How exquisite a pleasure, how luxurious, fervid and flagrant a consolation for the rigors, the austerities, the renunciation of the day. - *Rose Macaulay*



For the finishing touch to your beauty regimen, try our heavenly manicures and pedicures. We like to think of these as the “icing on the cake.” There’s nothing like a well-polished set of nails to give you that put-together, breezy air of sophistication.

NAIL SERVICES



NAIL SERVICES

A RAGS TO RICHES MANICURE - 25 Minutes \$30.00

Let this "Pretty Woman" experience transform your hands and nails through this customized manicure. Exfoliate and refine, then a wrap infused with organic and wild-crafted plant essences is applied to moisturize before cuticle work begins. Finish with your polish of choice or natural nail buff.

THE DIVA MANICURE - 50 Minutes \$55.00

This manicure is as flawless as you, and leaves your hands looking and feeling like they should be adorned by the finer things in life. A full nail care service including cuticle treatment and soak, exfoliation, hot towels, and full hand and arm massage. Service is completed with a polish of your choice. "Divas to the dance floor please!"

SOOTHE AND SMOOTH PEDICURE - 40 Minutes \$40.00

First let's get control of those unsightly calluses by removal, and then we move on to a cuticle treatment and foot massage. Lastly we will finish off with a natural buff or matte polish. Now you can play footies without those embarrassing looks!

SOLE INDULGENCE PEDICURE - 50 Minutes \$55.00

A very unique and ultimate relaxing experience! Sole Indulgence allows you to relax, fully reclined, in our zero gravity pedicure chair. Your feet are then soaked in a refreshing bath that is followed by a callus exfoliation and cuticle treatment. We finish off with a well-deserved foot massage. Followed by a custom nail shaping and natural nail buff or polish of your choice.

TWINKLE TOES PEDICURE - 80 Minutes \$85.00

The Havens pedicure experience you've been waiting for. Prepare to put your best foot forward after this aromatherapy experience. Includes a foot and calf exfoliation and hot paraffin followed by deep massage, stimulating foot mask, and hot towels. To top it off, we're going to massage your feet again - just because you deserve it. Finish with natural nail buff or polish of your choice.

MANICURE SERVICES

- Change of Polish \$10.00
- French Finish \$15.00
- Buffing \$10.00
- Moisturizing Paraffin Treatment \$15.00
- Individual Nail Repair (No Gel or Acrylic) \$5.00

PEDICURE SERVICES

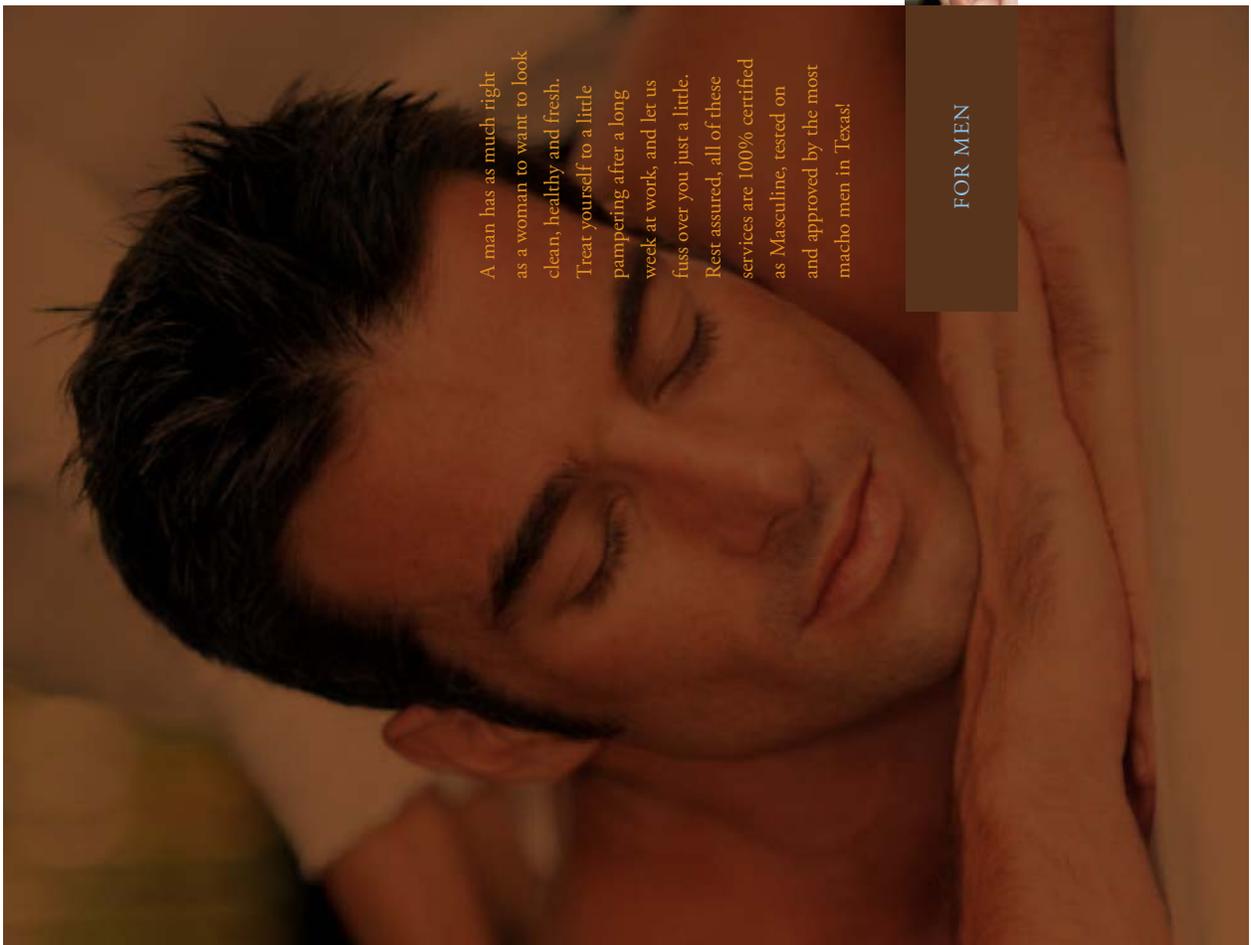
- Change of Polish \$10.00
- French Finish \$15.00
- Buffing \$10.00
- Moisturizing Paraffin Treatment \$15.00

NAIL ENHANCEMENTS

- UV Gel Extensions - Full Set/Individual
- UV Gel Overlays - Full Set/Individual
- UV Gel Fill In
- UV Gels Tip Removal
- UV Gels French Finish
- Silk Tips - Full Set/Individual
- Silk Tips Fill In



"The human foot is a masterpiece of engineering and a work of art." ~ Leonardo da Vinci



A man has as much right
as a woman to want to look
clean, healthy and fresh.
Treat yourself to a little
pampering after a long
week at work, and let us
fuss over you just a little.
Rest assured, all of these
services are 100% certified
as Masculine, tested on
and approved by the most
macho men in Texas!



FOR MEN

FOR MEN

LASH TINTING - 30 Minutes

\$25.00

An excellent choice for those who don't want to hassle with the application of mascara! Enhance your eyes and darken your lashes safely with an all-natural vegetable-based dye. A perfect enhancement to any skincare treatment.

BILLY JEALOUSY - MEN'S CUSTOM FACIAL - 50 Min

\$75.00

Relax... it's not something that's going to hurt your male image! And it won't make you a Metro-sexual either! This deep cleansing facial has been specially designed to help revitalize, cleanse, and promote the attractiveness of your skin.

MENS HEALTH MANICURE - 25 Minutes

\$30.00

For the man who takes care of his physique, so should he his nails. This manly custom manicure includes shaping, filing, cuticle treatment, hand massage, and natural buff or matte polish.

THE GENTLEMAN'S QUARTERLY PEDICURE - 40 Min

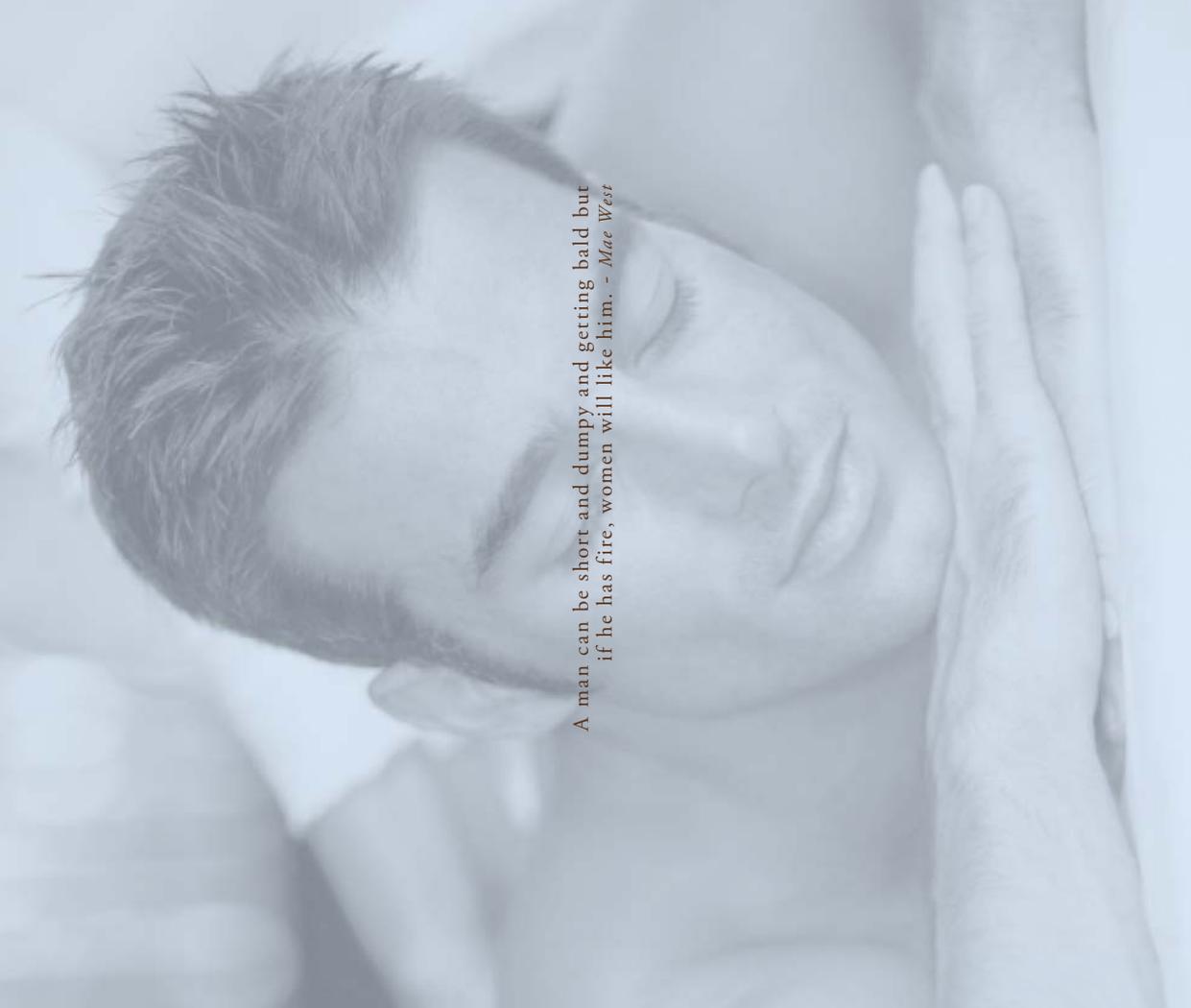
\$40.00

Flip through the pages of style as we go to work on callus removal, a cuticle treatment and foot massage. Lastly we finish up with a natural buff or matte polish so you're ready for the pool as well as the office.

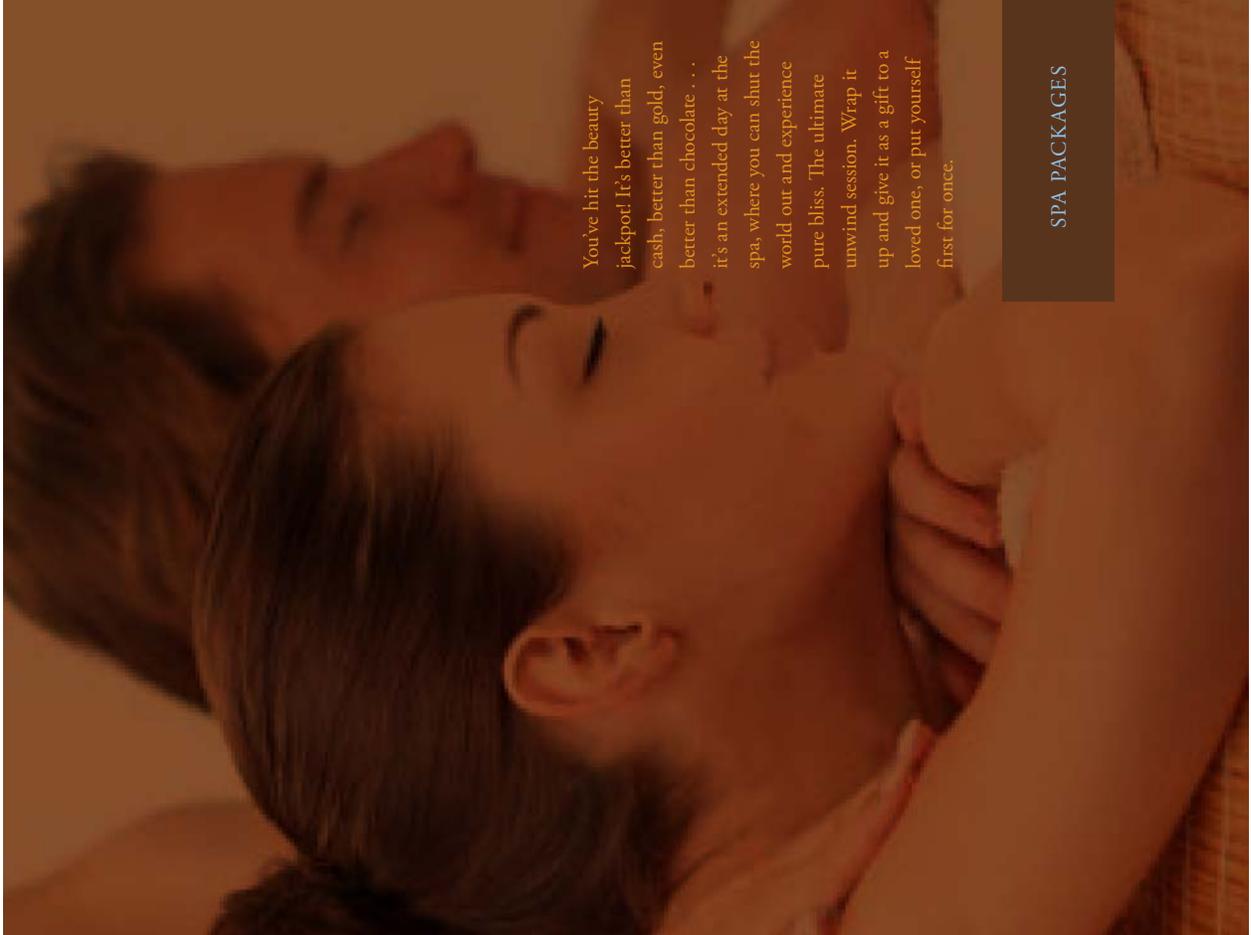
WAX ON - WAX OFF

Price varies

Need a little somethin' somethin' waxed? We have the highest level of waxing services around. Just let us know where to wax and how much to take and we will get you on your way back to your busy lifestyle. Prices vary per area. Please call for pricing. May not be suitable for those with sensitive skin and as a rule, you should refrain from using waxing as a hair-removal method if you are using Retin-A (currently or in the last 6 months), Accutane (currently or in the past 6 months), or other keratolytic medications (that increase skin exfoliation), or are sunburned or recovering from a recent laser peel. Otherwise, go for it. Price varies per size of the area so please call for a price or just stop by.



A man can be short and dumpy and getting bald but
if he has fire, women will like him. - Mae West



You've hit the beauty jackpot! It's better than cash, better than gold, even better than chocolate . . . it's an extended day at the spa, where you can shut the world out and experience pure bliss. The ultimate unwind session. Wrap it up and give it as a gift to a loved one, or put yourself first for once.



SPA PACKAGES

SPA PACKAGES

THE FED EX PACKAGE (2 Hours) "DELIVERED QUICK WITH GREAT SERVICE"

\$175.00

We understand the importance of your schedule and this package delivers timely yet undeniably great service. An organic pumpkin peel facial followed by a quickie massage gets you off to instant relaxation. Then attention to your toes and nails are a must to wrap this package up! (Organic Pumpkin Peel Facial, "Just a quickie" massage, Rags to Riches manicure and a Soothe and Smooth pedicure)

TOTALLY ZENFUL PACKAGE (3.5 Hours)

\$330.00

In order to obtain that full Zen feeling the body must be able to relax in a way that takes you to another state of mind. A total wellness facial followed by a deep tissue massage is just right to get you started. Then you're gone by the time you are undergoing your wellness body wrap and ending in a bath soak warmed and scented to perfection.

(Total wellness facial, Mercy Me deep tissue massage, Total wellness body wrap and a Total wellness bath soak)

THE PRICE IS RIGHT PACKAGE (5.5 Hours)

\$375.00

Your showcase slowdown begins with a fabulous soak in our state of the art hydro tub followed by an exhilarating Deep Blue Facial. Next you are off to a lovely River Rock massage with basalt stones for added healing and pleasure. You are then swept away for some Twinkle Toe action and Diva manicure for an elegant handling that brings sophisticated style as well as ultimate relaxation in luxury. This showcase is all yours because the price is right!

(Deep Blue facial, River Rock massage, Quick Soak, Twinkle Toes pedicure and a Diva manicure)

A VENUS & MARS AFFAIR (4 Hours)

\$525.00

Are you tired of arguing about who is wrong and who is right? We have the answer. You both are when you agree to experience The Havens together in this package. You start your date enjoying a relaxing soak in our state of the art hydro-tub that will help to calm the senses. After you have thoroughly enjoyed your soak you will tango your way into our couples massage where you will experience pure love after your massage and facial. Lastly we understand how important it is to be well groomed for one another so our manicure and pedicure should do the trick as you lay back and relax while we get to work. (Champaigne and Wine Included)

(Two to Tango massage, Wanna join me bath soak, Billy Jealousy Facial (men), The Healing Touch Facial (woman) Sole Indulgence pedicure (woman), Gentlemen's Quarterly pedicure (man), Men's Health manicure (man) and a Rags to Riches manicure (woman).



SPA PACKAGES

THE EXTREME MAKEOVER (7 Hours)

\$645.00

Have you been assessing what needs to be done around the house but haven't paid attention to yourself? Let our therapists and estheticians give you the best of care you deserve. Your day at The Havens begins with a restoring facial followed by a massage involving two therapists and four hands. Just when you thought nothing could get better, we will brush you to sleep with your body treatment wrap. After we have rejuvenated and awakened your senses from those tiring days of slumber, you are whisked away for a manicure and pedicure like no other. Your day is then coming to a wrap as you enter the salon and begin your transformation as simple or extreme as you want with a cut, color, style and make up application! You'll be ready for a night on the town! (Lunch and beverages provided)

(Destination Restoration facial, Four Hand massage, Brush me to sleep wrap, Twinkle Toes pedicure, Diva manivure, Salon cut, color and style with Paint My Face makeup application)

POLISH MY ROCK (4.5 hours)

\$290.00

Bride and Party: We need to make sure you look and feel as beautiful as that ring does on your finger. Your day begins with a bikini wax and then off to a massage to relax and enjoy this special time in your life. We then send you for a luxurious manicure and pedicure that will make sure you look good for all your functions. Then you're in the salon for a haircut, blow dry and style. (Champaigne and wine provided)

(Bikini Wax, East Meets West Massage, The Diva Manicure, Sole Indulgence Pedicure, Haircut, Blow Dry and Style.

DOOMS DAY (3.5 hours)

\$220.00

Need to settle those nerves to ensure you made the right decision? This package is designed to help you enjoy this moment of your life. We start with a Swedish massage followed by a refreshing facial. Then it's time to clean, clip, file and buff those nails as you kick back and relax in our zero gravity chair. Finally, we groom your hair with a cut and style for the biggest day of your life.

REHEARSAL TIME (2 Hours)

\$225.00

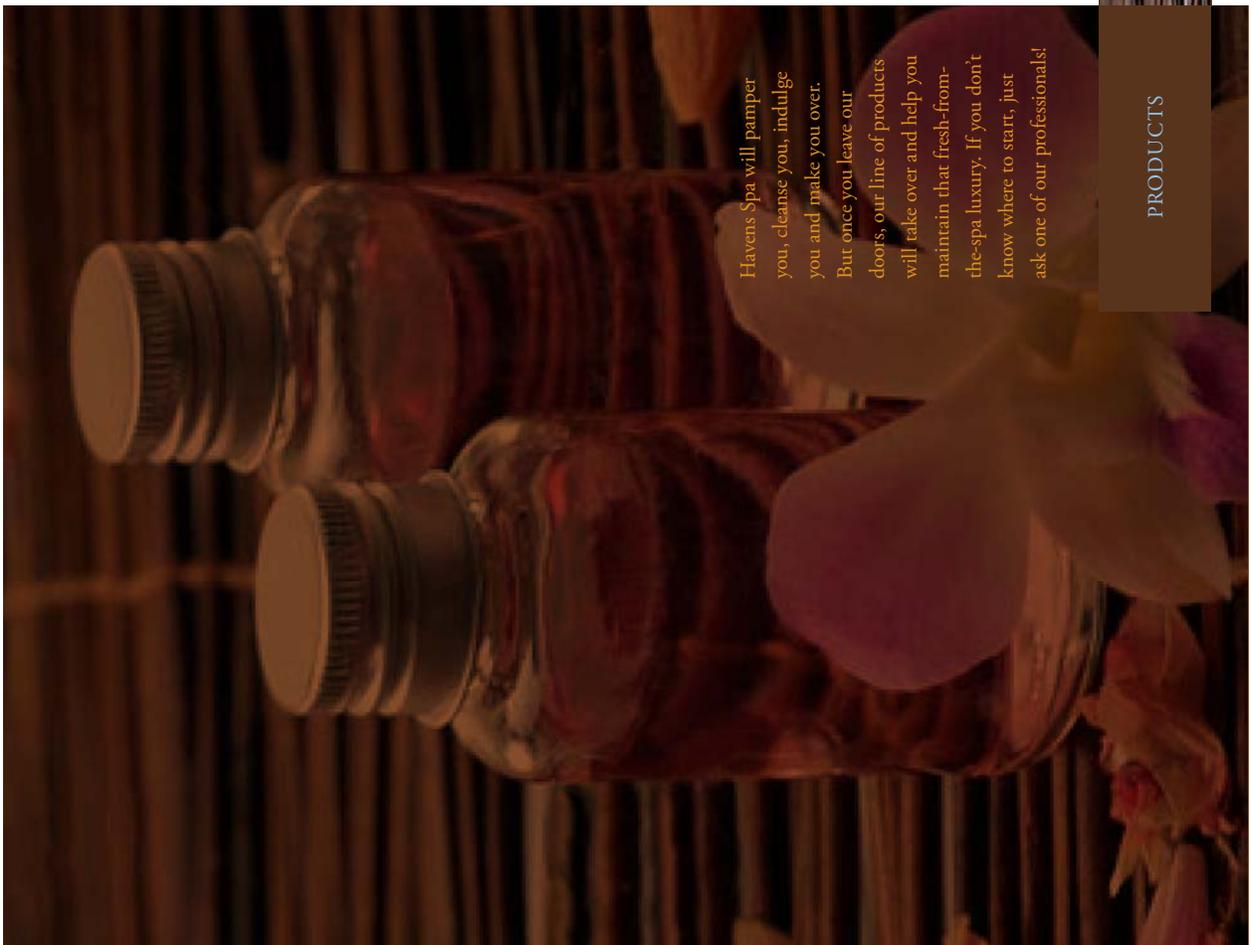
It's important to rehearse how your big day will go as well as rehearsing how you will look. We want to make sure there is no doubt you will look your best before you "I do"! This package comes in two parts but can be purchased separately.

First: Trial hair and make-up consult and design

Second: Wedding day hair and make up

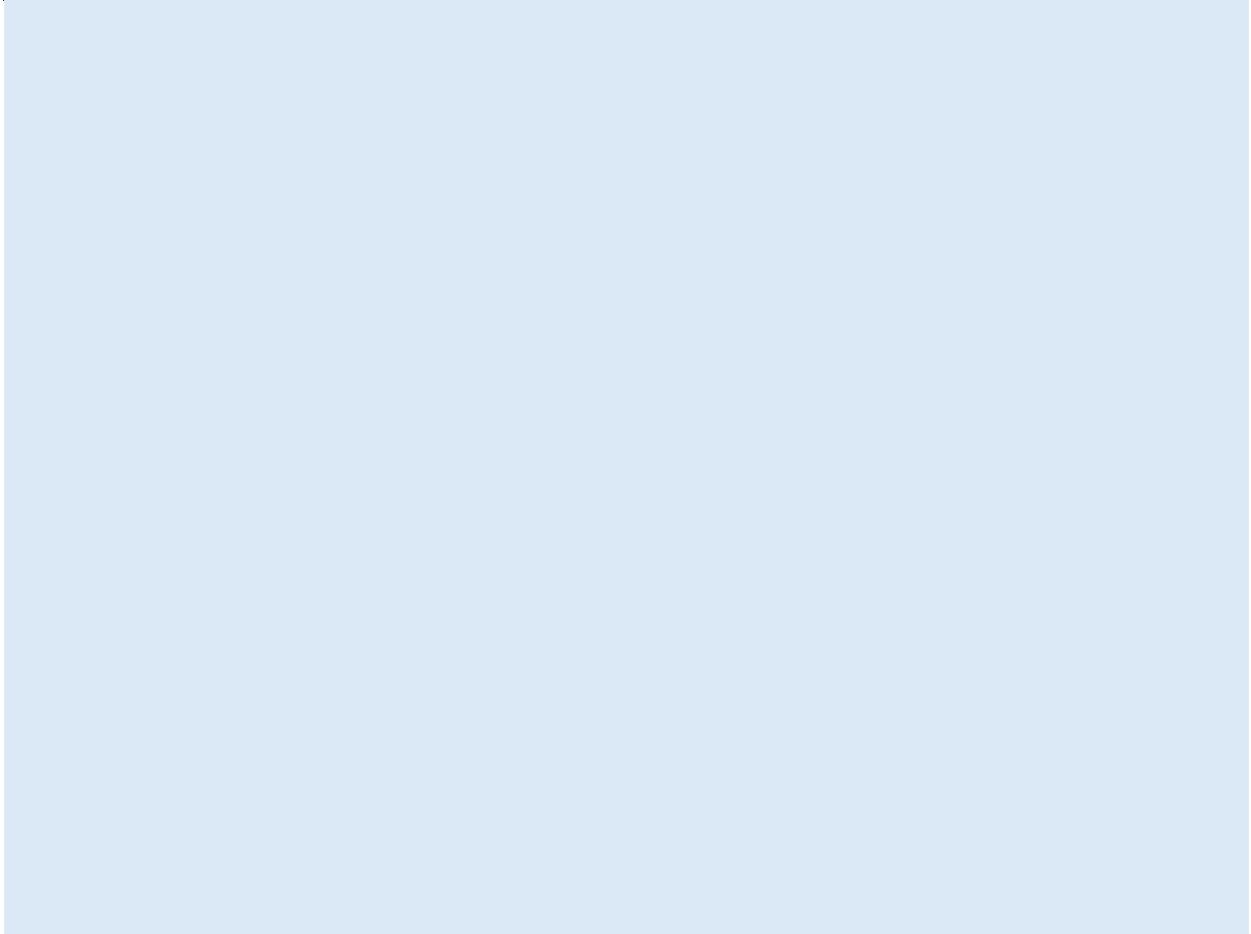
ALL DAY TO PLAY:

If you wish to customize your own package we can handle that special request for you. Just let us know what you desire and your day dreams can come true!



Havens Spa will pamper you, cleanse you, indulge you and make you over. But once you leave our doors, our line of products will take over and help you maintain that fresh-from-the-spa luxury. If you don't know where to start, just ask one of our professionals!

PRODUCTS



PRODUCTS

OBAGI

BILLY JEALOUSY

PAUL MITCHELL

JANE IREDALE

SKIN CEUTICALS

YONKA PARIS

MOOR SPA

LADY PRIMROSE

OPI NAIL CARE

ALTERNA

LA ROCHE-POSAY

DROMEO

MINDBODY

AMBRE BLENDS

AQUAGE

